



GIRL SCOUTING AT CAMP SHAW

Come to the serene wild lands of Camp Shaw-waw-nas-see located in rural Manteno. Visit the lands walked by the Potawatomi tribe and experience Girl Scouting in an outdoor setting unlike anywhere else in Illinois!

DAISIES

- **Forest Trek** - Go on a one hour hike with a naturalist to learn about observation skills and how to find evidence of wildlife.
- **Make bird feeders** out of recycled materials
- **Plant daisies** and other native plants
- **Make recycled paper-** bring paper from home, or use some of ours.
- **Do a service project that helps the environment** take a litter walk, help mark a trail, plant grasses to help stop erosion.
- **Low ropes course-** Become courageous & strong learning to do new things
- **Make a Daisy Puppet-**from recycled material

BROWNIES

- **Eco-Explorer** - "Eco" is short for ecology. Ecology is the study of plants and animals in their environment. Learn how plants and animals always need each other. *(Meets Scouting requirements: 1, 2,3, 4 and 6)*
- **Water Everywhere!** – Did you know that all the water on earth has been recycled over and over since the beginning of time? Explore water while we visit Rock Creek. *(Meets Scouting requirements: 1, 2,3, 4, 5 and 6)*
- **Watching Wildlife-** Learn all about our wild neighbors at Camp Shaw! *(Meets Scouting requirements: 1, 2,3, 4, 5 and 6)*
- **Space Explorer-** Make a pinhole planetarium and explore the night sky. Learn legends about the pictures in the sky and why the moon changes shape. This is a great introduction to the night sky. *(Meets Scouting requirements: 1, 2,3, 4 and 5)*
- **Ready, Set & Go Camping-** Go on a Scent Hike, learn how to make a one pot meal and other camping skills! *(Meets Scouting requirements: 1, 2,3, 4, 5 and 6)*
- **Plants** – Go on a leaf hike, make rubbings and learn about simple plants. *(Meets Scouting requirements: 2, 4 and 5)*
- **Outdoor Adventurer-** Learn how to make and cook on a Buddy Burner, take a sensory hike and learn about weather safety in the big meadow at Camp Shaw. (Can add a overnigher and Girl Scout Ways to your trip) *(Meets Scouting requirements: 1,3, 4 and 5)*
- **Numbers & Shapes-** Go for a shape walk, fold an origami animal and make a poster of the moon in its many phases. *(Meets Scouting requirements: 2, 5 and 6)*
- **Movers-** Learn about air movement making things that go in the wind! Learn about what makes the wind and how to fly things when the wind dies down. *(Meets Scouting requirements: 1, 2,3, 4,5, 6 and 7)*
- **Make It- Eat It-** Learn the story of Stone Soup and make it with ingredients you bring from home over our camp fire. Make a drink to go with your dinner and a baked apple for dessert! Take home all the recipes and some extra ones, too! *(Meets Scouting requirements: 1, 2, 5 and 6)*
- **Girl Scout Ways-** Some Girl Scout traditions have been around since before your grandmother was a Brownie! Share some special Brownie Traditions while you sing, toast marshmallows and learn to make a sit-upon at this special evening program. *(Meets Scouting requirements: 1, 2, 3, 4 and 5)*
- **Earth is Our Home-** Learn about safe ways to clean, how we recycle at Camp Shaw and make a solar hot dog cooker. Bring a jar and take home a terrarium with instructions how to keep it alive. *(Meets Scouting requirements: 1, 2, 4 and 5)*

- **Earth and Sky-** Make water still to purify water. Explore a piece of earth above and below the grass. Help stop erosion on the banks of Rock Creek. Look up and learn about the sky above you.
(Meets Scouting requirements: 1, 2,3, 4, 5 and 6)
- **Creative Composing-** Go for a hike into the woods, listen to the creek as it flows past and feel the soft moss beneath your feet. Write a poem, paint a picture and create a secret code from the world around you.
(Meets Scouting requirements: 3, 4, and 6)
- **Colors and Shapes -**Mix your own colors to create new colors, make stamps in the shape of leaves you have found on a short hike. Hang your new creation from a twig with found nature items to create a mobile!
(Meets Scouting requirements: 1, 2, and 5)
- **Citizens Near and Far-**Use our low ropes course and wide games to learn how to communicate and co-operate with your group to "get the job done!"
(Meets Scouting requirements: 2, 3 and 4)
- **Art To Wear-** Learn new knots to make a macramé bracelet. Use shells from Rock Creek to decorate your bracelet. Make an animal mask using paper-mache. Learn to decorate your face and bring a t-shirt to tie-dye.
(Meets Scouting requirements: 1, 2,3,4,5 and 6)
- **Animals –**Create, and name, your own species of bird. Find out why birds have beaks shaped like they do and try to use beaks to gather food. Go outside and listen for birds at camp. Try to find the birds you hear. (Meets Scouting requirements: 1, 2, 3, 4, and 5)
- **Water Everywhere -** Earth is known as the "water planet". Find out about water and how it affects life on earth.
(Meets Scouting requirements: 3-partial, 4, 5, and 6)

JUNIOR GIRL SCOUTS Mini Badge Workshops:

- **Earth Connections -** Find out how to identify 10 local trees by their leaves, and study tree rings to discover their amazing lives! Learn about succession, adaptation *and* relationships. Understand how plants and animals depend on each other by playing a fun and active game.
(Meets Scouting requirements: 1-10)
- **Adventure Sports-**Bring your camera, warm up and get ready to learn new skills! (Meets Scouting requirements:1, 2, 4, 7, 8, 9 and 10)
- **Camp Together-** Everything you need for the perfect camping trip! How to plan, safely, dress right, menu planning, duty charts and menu planning. All this, while "leave no trace" principles are being practiced.
(Meets Scouting requirements:1-10)
- **Eco-Action-**Work on Camp Shaw's environmental newspaper, learn about conservation and turn trash to treasures! Work on controlling erosion at camp and learn about our recycling program.
(Meets Scouting requirements:1, 3-6 and 8)
- **Environmental Health –** What are UVA/UVB rays and why should you worry about them? Learn about water conservation, test the water in the creek and learn about lead pollution in our environment by testing our soil. Don't forget to write an article for our Environmental newspaper (NAME)!
(Meets Scouting requirements 1, 3, 4, 6, 7, 9 and 10)
- **Finding Your Way-** Learn to read a compass, take a bearing and what all those things on a map means. Make your own map of Camp Shaw and measure your pace at our pace course. Find your way without using a compass and show others something interesting by leaving trail marks.
(Meets Scouting requirements 1-6, 8 and 9)
- **First Aid-** Learn how to treat common ailments and what to do while you await the arrival of help. Explore staying safe in extreme weather, find out what belongs in a first aid kit and challenge your self playing "Emergency!!"
(Meets Scouting requirements 1, 2, 3, 4, 5, 8, 9 and 10)
- **Hiker-** What do you need to know before you hike? Create a "lost plan". Dress correctly, show your knowledge of fist aid and keep a journal of your discoveries! Use Camp Shaw and

Kankakee River Park to plan two all day hikes or an overnight backpacking trip.
(Meets Scouting requirements 1-5, 7 and 10)

- **Horse Fan & Horse Rider-** Call for information
- **Now and Then Stories from around the World-** Share stories about weather, the trickster, tall tales and modernize an old fairy tale. Tell me a tale of your family and I'll share some from mine. Learn about storytellers and perform a tale you write about the environment.
(Meets Scouting requirements 1-5 and 7-9)
- **Jeweler-** Macramé is just another way to say fancy knots. Make your own beads, use found objects and make a box for your creations. Take a hike to located objects to include in your jewelry, or bring objects from home.
(Meets Scouting requirements: 1, 2, 6, 7, 8 and 10)
- **Outdoor Cook-** Learn different cooking methods, how to build a fire and clean up when you are done. Explore several ways to purify water and go home with a collection of outdoor recipes. Sun cooking and drying will be highlighted.
(Meets Scouting requirements: 3-10 1 & 2 should be completed before coming to Camp)
- **Outdoor Creativity-** Be inspired by the beauty of Camp Shaw. Listen to a poem about nature, press some flowers, tour our butterfly garden, find your special place and....create your masterpiece! Come in the Afternoon and you can stay to star gaze.
(Meets Scouting requirements 1, 2, 3, 4, 7 and 10- if you stay later 9)
- **Outdoor Fun-** Do you know what to do in an outdoor emergency? Or how to build a fire? Come out to Camp Shaw and learn basic outdoor skills.
(Meets Scouting requirements 2-8)
- **Rocks Rock-** Learn about rocks, soil and erosion while exploring the natural beauty of Rock Creek. Study aerial photographs of Camp Shaw and locate our position. Make a fossil and, if time allows, hunt for fossils in our fossil beds.
(Meets Scouting requirements 1, 2, 3, 4, 6, 8, 9 and 10)
- **Ready for Tomorrow-** Discover solar cooking, what wildlife is in danger and write your own environmental credo.
(Meets Scouting requirements 2, 3, 5, 6 and 11)
- **Science in Everyday Life-** Capture a spider web, explore the forces of nature and go on a geology walk. Science is all around us, all you have to do is look!
(Meets Scouting requirements 2, 3, 4, 7 and 10)
- **Science Sleuth-** Make paper, record your fingerprints and discover water tension. Separate and bend light and participate in a scavenger hunt to find out about simple machines.
(Meets Scouting requirements 2, 4, 6, 8 and 10)
- **Sky Search-** Read a star map, locate the North Star and learn about constellations.
(Meets Scouting requirements 1-7, plan your visit during a meteor shower for even more night sky fun!)
- **Swimming and Water Fun-** During summer months while our pool is open.
- **Water Wonders-** Everything you ever wanted to know about water and the creatures who live in it! Build a aqua-scope to peek under the surface of water. Help stop erosion, build a bird house or help set up a fresh water aquarium.
(Meets Scouting requirements 1, 2, 3, 4, 5, 6, 8, 9 and 10)
- **Weather Watch-** Learn to read weather maps, visit our weather station, build weather instruments and identify clouds. Explore frontal systems, stay safe outside and play a weather game to learn even more!
(Meets Scouting requirements 1-7, 9 and 10)
- **Wildlife-** Ever wonder why a bird's beak is shaped they way it is? Or what a biologist does? Come out and explore the world of animals.
(Meets Scouting requirements 1-10)
- **Your Outdoor Surroundings** - From your guide learn about their outdoor career. classify, describe, and compare natural objects along a hike. Gain an awareness of the natural world inside Camp Shaw-wa-na-see.
(Meets Scouting requirements: 1, 3, 4, 5, 6, 7, 8, and 10-if time allows 9)
- **Sign of the Satellite & Sign of the Sun** – WE can help you complete part or of these Signs.

CADETTE & SENIOR GIRL SCOUTS - Interest Projects

- **Wildlife** - Investigate a hidden pond to identify plants and animals. Look for animal signs and document your discoveries. Learn about basic pond chemistry and test for dissolved oxygen and pH.
(Meets Scouting requirements: Skill Builders: 1,2,3,4; Technology: 1; Service Project: 1,2,4; Career Exploration: 1,3)
- **Outdoor Survival-** Learn how not to get lost and what to do if you become lost. Explore using mirror signals, making a shelter, and water purification. Learn navigation skills, how to start a fire without matches and how to pack for a trip into the woods. Develop an outdoor game to test outdoor skills and host a discussion on a survival topic of our choice!
(Meets Scouting requirements: Skill Builders: 2,3,4,5; Technology: 3,4; Service Project: 4; Career Exploration:4)
- **Orienteering-** Learn to read a Geological Survey map and understand the term contour interval. Learn compass bearings and the difference between GPS units and compasses and why you need to learn to use both. Understand orienteering a map and northern declination. Prepare your own orienteering course at Camp and use your skills on one of ours.
(Meets Scouting requirements: Skill Builders: 1,2,3,4; Technology: 3,5; Service Project: 1; Career Exploration:1)
- **Horse Sense- See separate sheet**
- **High Adventure-** Learn team building skills before setting out to work on Camp Shaw-wa-na-see's low elements course. Explore warm up and stretching exercises to limber up. Learn the proper techniques, and safety, of rock climbing and rappelling. Build initiative game equipment and invent a game to play with your group. Spend some time improving our course. (Do we have a high elements course?)
(Meets Scouting requirements: Skill Builders: 1,2,3,5,6; Technology: 2,5; Service Project: 1,2; Career Exploration:3)
- **Backpacking-** What do you need to go on a backpacking trip? Learn about equipment, backcountry first aid, how to read a map and use a compass. Work on writing a plan for a trip lasting at least 2 days practicing Leave No Trace Principles. Discover ways to treat water to make it safe for drinking. Explore the use of backpacking stoves and make one meal using dried food.
(Meets Scouting requirements: Skill Builders: 1,2,3,4,5; Technology: 2,3,4; Service Projects: 2,4; Career Exploration: 2,4)
- **Plant Life** – Perform soil tests for pH, nitrogen, phosphorus and potassium, measure soil's temperature and learn how to determine how well soil drains. Learn ways to improve your soil, organic principles and water collection methods. Investigate starting new plants without using seeds while working on a landscaping project using native vegetation at Camp Shaw-wa-na-see. Or, you may want to do work in our butterfly garden.
(Meets Scouting requirements: Skill Builders: 1,2,5,6; Technology: 1,4; Service Project: 1,2,3; Career Exploration: 1)
- **Digging Through the Past-** Go on a hike to see the effect of centuries of erosion on a creek bed, start a rock collection, participate in an archaeological dig and search for fossils. Learn about items in a geologist adventure kit and how to use these tools for geological collection. Help create a fossil bed or work on a project to help reduce erosion at Camp Shaw-wa-na-see.
(Meets Scouting requirements: Skill Builders: 1,3P,4,5; Technology: 2; Service Projects:2,4; Career Exploration: 1)
- **All About Birds** - Build your knowledge and understanding of bird anatomy & identification, migratory patterns, and more. Learn how to use binoculars and what birds to look for in our area. Build a simple feeder. Participate in a conservation initiative to improve bird habitats at Camp Shaw-wa-na-see.
(Meets Scouting requirements: Skill Builders: 1,2,3; Technology: 1; Service Project: 1; Career Exploration: 4)
- **Camping-** Plan a trip to challenge your skills, learn how to start a fire without matches and how to properly build a fire. What is an emergency plan? How do you make one for your next trip? Explore map reading and compass use and learn about maintaining a hiking trail at Camp Shaw-wa-na-see. (May camp overnight)
(Meets Scouting requirements: Skill Builders: 1.2.3.5; Technology: 1; Service Project: 2; Career Exploration: 1,3)
- **Eco-Action** -Learn about recycling, composting and energy conservation practices at Camp Shaw-wa-na-see. Record sounds of nature; find out how Native Americans in IL viewed their

relationship to the earth and create a short skit using the sounds you collected and earth legends. Learn about how to determine if a creek is healthy and help in our ongoing monitoring project of Rock Creek.

(Meets Scouting requirements: Skill Builders: 1, 3,4,5; Technology: 1,2,5; Service Project: 2,5; Career Exploration: 3)

- **Creative Cooking-** Learn about outdoor cooking, the food pyramid and what are the outdoor "tools of the trade" required for successful outdoor food preparation. Learn how to cook over an open fire, using a box oven and explore solar cooking with a cooker you have made.
(Meets Scouting requirements: Skill Builders: 1,2,3,7; Technology: 1,2; Service Projects: 5; Career Exploration 2)

Water Drop Patch Project: 2, 4, 5, 6, 7, 9, 11, 13, 15, 16, 17, 18 and 20)